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PARENT NOTIFICATION FORM

Youth Risk Behavior Survey 2019

The Athletics, Physical Education, Health and Wellness Department of San Diego Unified School District, in cooperation with the Centers for Disease Control and Prevention (CDC), would like your child to participate in the 2019 Youth Risk Behavior Survey (YRBS). The survey measures behaviors that lead to morbidity or mortality in youth. The survey will gather health information regarding the following areas: tobacco use, dietary behaviors, physical activity, alcohol and other drug use, sexual behaviors, and behaviors that can result in intentional and unintentional injury and violence.

The survey was first administered in our district in 1991 and has been conducted every other year since. By comparing current survey results to previous surveys, we are able to see trends in student behavior. This information guides our decisions for implementing health programs for students in our district.

The privacy of students is carefully guarded. The survey is anonymous. Students do not put their name, their classroom, or school name on the questionnaire. Approximately sixty classes (grades 9–12) from 24 district high schools will be participating in the 2019 survey.

You may find the YRBS questionnaire in multiple languages as well as results from past surveys at www.sandiegounified.org/YRBS. You may also review the questionnaire in (English or Spanish) at your child's school. If you have questions, please contact Rachel Miller at (619) 725-7121 or rmiller@sandi.net.

If you do not want your child to participate in this survey, please sign below and return this form to your child's classroom teacher by February 1, 2019.

I **DO NOT** want my child participating in the 2019 Youth Risk Behavior Survey.

School: _____

Student's Name: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____